



RAM House Needs

Please consider donating some of the items we need on a daily basis! RAM runs on donations of things like fresh fruits and veggies, canned goods, soap and shampoo, paper towels, office supplies, toilet paper, and of course, money! We couldn't do any of this without donations. Every little bit helps so we can pass all we do have along to those who truly need it.

Canned Goods

Any soups
Crushed, diced tomatoes
Whole tomatoes
Baked beans
Corn
Green bean
Peas
Hot dog chili
Applesauce
Fruit

Meats

Canned meat (beef stew, pork, ham, etc.)
Salmon
Tuna
Chicken

Miscellaneous

Rice
Pasta
Gravy mix
Taco mix
Cheese sauce
Mustard
Mayonnaise
Vinegar
Jelly
Peanut Butter
Creamer
Sugar
Tea bags (family size)
Butter
Flour (Virginia Best, if possible)
Baking soda
Baking powder
Vinegar

Spices

Table salt
Black pepper
Red pepper
Onion powder
Garlic Powder
Chili powder
Oregano
Seasoned salt

Paper & Plastic

Disposable plastic gloves
55 gallon kitchen trash bags
Styrofoam coffee cups
6" Styrofoam dessert plates
Napkins
Paper towels
Toilet paper
Commercial size aluminum foil
& plastic wrap

Cleaning & Personal

Dishcloths & towels
Cloth aprons
Brooms
Heavy-duty mop heads
Small soaps & lotions
Toothpaste & toothbrushes
Hand sanitizer

General Supplies

Colored construction paper
8 ½ x 11 copy paper (white & multi)
Large sheet pans – 16x 24
Large stainless steel mixing bowls
Kitchen utensils and knives
Plastic Spoons, Forks, Glasses